

The Rhode Island Office of Healthy Aging (OHA) is working closely with the Rhode Island Department of Health and Rhode Island Emergency Management Agency to coordinate the state's response to coronavirus disease 2019 (COVID-19). Older Rhode Islanders and individuals with underlying conditions are at higher risk of severe COVID-19 illness. Governor Raimondo and the Rhode Island Department of Health are encouraging our higher-risk populations to practice social distancing during at this time and use technology, whenever possible, to remain in touch with family and friends. If you are part of this higher-risk population, or caring for someone who is, please contact our healthy aging helpdesk, the Point, at 401.462.4444 with any questions or to learn about resources available in your community. Ensuring our elders and those in need have access to food and other critical resources at this time is a special concern. OHA is working with local municipalities, senior centers, and other state and community agencies to assist people with their resource needs. Below is a current contact list of senior/community centers and other local agencies available to assist older adults around the state (click the city name to access its website):

CITY/TOWN	LOCAL CENTER/CONTACT	PHONE NUMBER
Barrington	Barrington Senior Center	401-247-1926
Bristol	Benjamin Church Senior Center	401-253-8458
Burrillville	Burrillville Senior Services	401-710-7429
Central Falls	Central Falls Mayor's Office	401-727-7400 ext. 5
Charlestown	Charlestown Sr. Community Center	401-364-6998
Coventry	Coventry Resource and Senior Center	401-822-9175
Cranston	Cranston Senior Services	401-780-6000
Cumberland	Cumberland senior center	401-334-2555
East Providence	East Providence Senior Center	401-435-7800
Exeter	Exeter Social Services	401-295-7500
Glocester	Glocester Senior Services	401-567-4557
Lincoln	Lincoln Senior Center	401-753-7000
Middletown	Middletown Senior Center	401-849-8823
Narragansett	Narragansett Senior Association	401-782-0675
Newport	Newport City Hall	401-845-5300
North Kingstown	Beechwood/North Kingstown	401-268-1593
North Providence	North Providence Mancini Center	401-231-0742
North Smithfield	North Smithfield	401-766-3734
Pawtucket	Leon Mathieu Senior Center	401- 728-7582
Portsmouth	Town of Portsmouth	401-643-0499
Providence	Providence Mayor's Office	311
Scituate	Scituate Senior Center	401-647-2662
Smithfield	Smithfield Senior Center	401-949-4590
South Kingstown	South Kingstown Senior	401-789-0268
Tiverton	Tiverton Senior Center	401-625-6790
Warren	Warren Senior Center	401-247-1930
Warwick	Pilgrim Senior Center	401-468-4077
West Greenwich	West Greenwich Town Hall	401-392-3800
West Warwick	West Warwick Senior Center	401-822-4450
Westerly	Westerly Senior Center	401-596-2404
Woonsocket	Woonsocket City Hall	401-762-6400

Tips during this time:

- ✓ Stay home whenever possible
- ✓ Limit in-person interaction with other people
- ✓ Wash your hands often
- ✓ Call the doctor if you are feeling sick
- ✓ Call the Point if you need help with food or other resources

For COVID-19 information and the latest guidance, call 401.222.8022 or visit www.health.ri.gov/covid.

For more OHA information, visit: www.oha.ri.gov

Community Action Agencies:

Blackstone Valley Community Action Program | 401-723-4520 | www.bvcap.org

Area: Pawtucket, Central Falls, Lincoln, Cumberland, Woonsocket

Community Action Partnership of Providence | 401-273-2000 | www.cappri.org | Area: Providence

Community Care Alliance | 401-235-7000 | www.CommunityCareRI.org | Area: Woonsocket

Comprehensive Community Action | 401-467-9610 | www.comcap.org | Area: Cranston, Foster, Scituate, Coventry

Eastbay Community Action - Lower Bay | 401- 847-7821 | www.ebcap.org

Area: Newport, Portsmouth, Tiverton, Middletown, Jamestown, Little Compton

Eastbay Community Action - Upper Bay | 401-437-1000 | www.ebcap.org | Area: East Providence, Warren, Bristol, Barrington

Tri-County Community Action Agency - Northern | 401-351-2750 | www.tricountyri.org

Area: North Providence, Johnston, North Smithfield, Smithfield, Burrillville, Glocester

Tri-County Community Action Agency - Southern | 401-789-3016 | www.tricountyri.org

Area: Exeter, Charlestown, Narragansett, Westerly, Hopkinton, North/South Kingstown, Richmond, West Greenwich, New Shoreham

Westbay Community Action Partnership | 401-732-4660 | www.westbaycap.org | Area: Warwick, West Warwick, East Greenwich

Food & Supplies Resources:

Boxed Lunch Programs (limited quantities available)

OHA is continuing its lunch program across senior centers and community agencies during this time. For more information about participating locations and hours, call the Point at 401.462.4444 or visit www.oha.ri.gov.

Home-Delivered Meals (for elders with high need)

Meals on Wheels is continuing to serve its current clients across the state and is working with OHA and local communities to increase services during this time. If you are age 65 or older, homebound and need assistance making meals, call Meals on Wheels at 401.351.6700.

Emergency Meals/Supplies (open to all people in need)

Visit www.rifoodbank.org for a complete list of food pantries across Rhode Island.

Early Morning Grocery Market Hours (limited to high-risk populations)

The following grocery markets are offering special shopping hours and/or programs to assist older Rhode Islanders and those with chronic medical conditions in accessing needed supplies during this time. Contact individual markets for more information about these programs and/or visit www.oha.ri.gov/markethours for the latest list of participating markets:

Brigido's Fresh Markets	7:00a – 10:00a	Richmond Farms Fresh Market	7:30a – 8:00a
Clements Market	7:00a – 8:00a	Roch's Fresh Foods	Free delivery
Dave's Marketplace	7:00a – 8:00a	Save-A-Lot	8:00a – 9:00a
Dave's Marketplace (small locations)	8:00a – 9:00a	Shaw's	7:00a – 9:00a (T/Th)
Dollar General	6:00a – 7:30a	Stop & Shop	6:00a – 7:30a
Jerry's Market	7:00a – 8:00a	Target	7:00a – 8:00a (W)
Ma & Pa's in Hope Valley	Curbside pickup	Whole Foods	8:00a – 9:00a

Local Restaurants

Restaurants throughout the state are offering take-out and/or delivery options. Visit www.eatdrinkri.com for a complete list of restaurants statewide with online or take-out ordering or call your favorite local restaurant for information about available services.